



Joining instructions for the Alton CC 2025 5 mile Time Trial

We are very pleased to be hosting this event and hope that you are thinking of entering.

If you have decided to join us it would be very helpful if you could drop me a line at ya-charlie.williams@yandex.com just to help me manage numbers.

Please see the instructions below: do take some time to read and understand them, **they're there for all our convenience and safety.**

1. Some key points:

- a. Note that parking is limited at the Abbotstone Down Nature Reserve car park but, If you do decide to bring a car, please park in this car park, or use the alternative car parking on the opposite side of the road (height limited).
- b. Do not forget to bring working, high visibility rear **and front** lights and a helmet.
- c. **No lights or helmet = No ride.**
- d. E-bikes must not be 'chipped' or have their motors modified in any way.
- e. You are required to sign on to this event on the day, and the sign on sheet will be available for sign on from 10.00 on race day at the nature reserve car park.
- f. Please collect your race numbers when you sign in: these will be laid out in a car boot in the car park before the start line.
- g. Note that the start is at the top of a hill: warmups need to take this into consideration!
- h. Please do not arrive at the start line more than 5 minutes before your start time.
- i. Once you have crossed the finish line, please proceed a further quarter of a mile into Preston Candover village to gather at the village shop car park (past the Purefoy Arms pub and opposite the school). Finishing times will be available here once all riders have completed their runs.
- j. Note that this finish gathering point is in a residential area, so please keep noise to the minimum and be courteous to local residents.
- k. Please return your race numbers to the marshals at the finish gathering point. Failure to return your number will result in you being recorded as DNF.
- l. Please do not approach the timekeepers for your times during the event, they will be available after the finish and published online on our club website [Alton Cycling Club](http://AltonCyclingClub) as soon after the event as possible.

2. Course description HCC286:

Start at the Abbotstone Down nature reserve car park SO24 9DT, where it exits onto the B3046 Alresford to Preston Candover road (B3046). Proceed northwards following the road down the hill towards Swarraton and subsequently through Totford, Brown Candover to Preston Candover, to finish at the gated entrance to a field at the junction of the B3046, and a minor road, located eight feet North East of the road sign to Basingstoke and Cliddesden.



3. Competitor information:

- a. This race is promoted for and on behalf of Cycling Time Trials as a 'Type B' Club Event and under their rules and regulations. These can be viewed on their website at [Cycling Time Trials: Regulations.](#)
- b. Please take care on the course as the road is open to normal traffic. The race will be well signed but there may be other vehicles including farm machinery on the course.
- c. Please do not ride up or drive on the course, south to north, when the race is taking place.
- d. In accordance with current CTT regulations illuminated front and rear lights must be fixed to the cycle in a position where they are visible to other road users.
- e. All competitors must wear a cycling helmet.
- f. Please note that a competitor:
 - (a) May not cover any part of the course on foot; and
 - (b) May not be accompanied by persons on foot.
- g. The course has been risk assessed, and this can be viewed here:
https://www.londonwestdc.co.uk/_files/ugd/067d8e_c4b316a4abb540f08bb7da340cf533db.pdf.
Details of any hazards not listed on the start sheet will be displayed or advised at the signing on point.

Charlie Williams

Alton Cycling Club

June 2025